

## The Destination, the 8<sup>th</sup> EfD Annual meeting in Tanzania

The 8th Annual Meeting of the Environment for Development (EfD) Initiative will be held in Dar es Salaam, the largest city in Tanzania at Ledger Plaza Bahari Beach located by the Indian Ocean. Dar es Salaam is one of the fastest growing cities in Eastern Africa with metropolitan socioeconomic and cultural diversities, situated 60 minutes by fast boats or 15 minutes flight from Zanzibar, the Spice Islands. Experience this amazing destination on the east coast of the African Continent, with its many attractions and activities, from a traditional arts and crafts bazaar to a modern shopping mall is a life time experience

The city has about 4.36 million inhabitants and is growing at 4.0%. The relatively high population growth rate is due to increased birth rates, immigration rates, and more significantly by transient population. It is the centre of the government, and the diplomatic missions. The city centre of Dar es Salaam is a hectic and busy place with heavy traffic in the pick hours during the morning and evening. The name "Dar es Salaam" means "Peace of Heaven" in Swahili. The name having come from the Persian-Arabic *Bandar-ul-Salaam* (Swahili- Bandari ya Salama). Other contemporary records of the City's early years which are the late 1860's indicate that the name simply means "The House (or Abode) of (Peace or Salvation)"

### Geographical location

The City is located between latitudes 6.36 degrees and 7.0 degrees to the south of Equator and longitudes 39.0 and 33.33 to the east of Greenwich. It is bounded by the Indian Ocean on the east and by the Coast Region on the other sides. Thus, Ledger Plaza Bahari Beach in Dar es Salaam located by the Indian Ocean, amidst a large coconut grove and lush tropical vegetation, the Laico Bahari Beach Hotel spreads its cottage style rooms and suites along a white sand beach, while the restaurant, bars and swimming pool overlook the ocean. Ledger Plaza Bahari Beach hotel, just steps away from the ocean is about 31.7 Km and less than 41 minutes from Dar es Salaam International Airport (Julius Nyerere International Airport).



Its conference center, equipped with the latest technologies, thus allowing large events in a relaxing atmosphere, at little distance from the hustle and bustle of the first city Dar Es Salaam.

Being largest Tanzanian city, Dar es Salaam is a thriving metropolis of commerce and innovation. From the small business owner to the international conglomerate, Dar es Salaam is home to thousands of businesses, hospitals, and research centers. Hence, Dar es Salaam is a natural hub of trade, transportation and the center of Government administration

## **Climate condition**

The City experiences a modified type of equatorial climate. It is generally hot and humid throughout the year with an average temperature of 29°C. The hottest season is from October to March during which temperatures can raise up to 35°C. It is relatively cool between May and August, with temperature around 25°C. There are two main rain seasons; a short rain season from October to December and a long rain season between March and May. The average rainfall is 1000mm (lowest 800mm and highest 1300mm). Humidity is around 96% in the mornings and 67% in the afternoons. The climate is also influenced by the southwesterly monsoon winds from April to October and northwesterly monsoon winds between November and March.

Pack lightweight clothing, ideally cotton, for the heat, but remember that it could be cooler when on early morning and after the sun goes down, so bring a fleece or jumper too.

## **Tour Options**

With its unique location on the eastern coast of Africa, just a ferryboat ride from Zanzibar, Dar es Salaam is a true cultural melting pot. Visitors are just as likely to hear Arabic as they are English or Swahili. African tribal influences are prevalent in food and art, but so are those of India and the Middle East. Visit one of several museums such as the National Museum and Village Museum, and get to know better the nuanced characteristics that make Dar es Salaam so special. Be as adventurous as you want-from the slopes of Kilimanjaro to the shores of Mafia Island, there are plenty of amazing Tanzanian locales in and around Dar es Salaam. The popular areas to visit when in Dar es Salaam can be:

- Dar Es Salaam Arts
- Dar es Salaam Zoo Kigamboni
- Tanzania Nyumba ya Sanaa
- Dar Es Salaam Village Museum
- Tanzania National Museum
- Tanzania Craft Market
- Tanzania Shopping Mall
- Bongoyo island
- Bagaomoyo historical town
- Zanzibar: the Stone Town, spicy farms, museums, slave markets and others interesting sites in the Islands

**A Day Trip to Mikumi National Park:** This type of Safari can be done from Dar es salaam early in the morning and drive back in the same day. You will be able to have 3 to 4hrs driving around Mikumi National Park. Around 3pm you will start driving back to Dar es Salaam.

**Overnight trips to Mafia Marine Park Islands**

## Medical and Health Services

In Dar es Salaam there is number of Medical hospitals, clinics and pharmacies that provide medical services and medical professionals with the latest technology. Most doctors in Tanzania expect payment in cash. It's vital to ensure that you have travelling insurance that may cover any of the emergencies. Here are some of the hospital and clinics that provides health services in Dar es Salaam.

<b>Name</b>	<b>Website</b>
AAR Chato Clinic	<a href="http://www.aarhealth.com/">http://www.aarhealth.com/</a>
<a href="http://www.agakhanhospitals.org/">Aga Khan Hospital</a>	<a href="http://www.agakhanhospitals.org/">http://www.agakhanhospitals.org/</a>
IST Clinic	<a href="http://www.istclinic.com/">http://www.istclinic.com/</a>
<a href="http://www.orci.or.tz/">Ocean Road Hospital</a>	<a href="http://www.orci.or.tz/">http://www.orci.or.tz/</a>
<a href="http://www.mnh.or.tz/">Muhimbili National Hospital</a>	<a href="http://www.mnh.or.tz/">http://www.mnh.or.tz/</a>
<a href="http://www.imtu.ac.tz/">IMTU Hospital</a>	<a href="http://www.imtu.ac.tz/">http://www.imtu.ac.tz/</a>
<a href="http://www.ccbt.or.tz/home/">CCBRT</a>	<a href="http://www.ccbt.or.tz/home/">http://www.ccbt.or.tz/home/</a>
SANITAS	<a href="http://www.sanitasmedics.com/">http://www.sanitasmedics.com/</a>
<a href="http://www.regencymedicalcentre.com/">Regency Hospital</a>	<a href="http://www.regencymedicalcentre.com/">http://www.regencymedicalcentre.com/</a>

Yellow fever vaccinations are a legal requirement for entry into Tanzania. Please note you will require a yellow fever vaccination certificate upon your entry to Tanzania. We recommend that you take precautions against malaria prior to the commencement of your conference. Adequate precautions must also be taken to avoid being bitten by a mosquito.

Shopping: Those who love to shop will find dozens of opportunities to take home a Tanzanian treasure from the open-air market bazaars to the upscale, chic shopping centers.

*For more information contact*

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